

Course Information

Semester & Year: Fall 2022

Course ID & Section #: PSYCH-38-K3637

Instructor's name: Kaliym Butler

Day/Time of required meetings: Fridays, 1:00 PM – 4:10 PM PST

Location: Room HTEC-3

Number of proctored exams: 0

Course units: 3.0

Texts: REQUIRED

Sue, D., Sue, D. W., Sue, D. M., & Sue, S. (2022). *Understanding Abnormal Behavior*. Cengage Learning. Boston, MA: Cengage. ISBN: 978-0357365212 (12th edition preferred, 11th edition acceptable).

Wedding, D., & Corsini, R. J. (2014). *Case Studies in Psychotherapy*. Cengage Learning. Boston, MA: Cengage. ISBN: 978-128517523-2.

American Psychological Association. (2022). *Diagnostic and Statistical Manual of Mental Disorders: Fifth Edition, Text Revision (DSM-5-TR)*. Washington DC: American Psychological Association. ISBN: 978-0890425763 (5-TR edition preferred, 5th edition acceptable)

RECOMMENDED

American Psychological Association. (2019). *Publication manual of the American Psychological Association*. Washington DC: American Psychological Association. ISBN: 978-1433832161 (7th edition preferred, 6th edition acceptable).

Instructor Contact Information

Office location or *Online: Room HTEC-3 (by request), Online (Zoom)

Office hours: 4:10 PM – 5:10 PM PST

Phone number: 707.298.8458

Email address: kaliym-butler@redwoods.edu

Catalog Description

A course in the scientific study of abnormal behavior. Various theoretical frameworks to evaluate behavior will be presented including biological, psychological, and sociocultural approaches. An integrative survey of theory and research will be applied to psychological and cognitive disorders, including diagnostic criteria, prevalence, etiology, and treatment.

Course Student Learning Outcomes

1. Analyze the differences between biological and psychosocial models in explaining the etiology, diagnosis and prognosis of abnormal behavior.
2. Analyze the historical, ethical, legal and societal concerns when defining abnormal behavior.
3. Describe the DSM classification system and discuss its strengths and weaknesses.

4. Analyze research in the area of abnormal psychology and synthesize information in a written paper.

Prerequisites/co-requisites/ recommended preparation

Recommended Preparation:

1. ENGL150 - Precollegiate Reading and Writing or ENGL102 - Developing Reading and Writing
 - a. College-level reading and writing skills are needed for a student to be successful in this course.
2. PSYCH1 - General Psychology
 - a. The concepts learned in Psych 1 provide a base for understanding the development, diagnosis and treatment of psychological disorders.

Accessibility

College of the Redwoods is committed to making reasonable accommodations for qualified students with disabilities. If you have a disability or believe you might benefit from disability-related services and accommodations, please contact your instructor or [Disability Services and Programs for Students \(DSPS\)](#). Students may make requests for alternative media by contacting DSPS based on their campus location:

- Eureka: 707-476-4280, student services building, 1st floor
- Del Norte: 707-465-2324, main building near library
- Klamath-Trinity: 530-625-4821 Ext 103

If you are taking online classes DSPS will email approved accommodations for distance education classes to your instructor. In the case of face-to-face instruction, please present your written accommodation request to your instructor at least one week before the needed accommodation so that necessary arrangements can be made. Last minute arrangements or post-test adjustments usually cannot be accommodated.

Evaluation & Grading Policy

Course Expectations:

Grading: You can earn a total of 600 points throughout the semester. Points will be divided as follows:

Assignment	Points Possible
Case Analyses	150
Quizzes	75
Midterm	75
Final	100
Total Points Possible	400
*Extra Credit Opportunities may be Available Throughout the Semester	

Final Grading Scale:

Percentage	Approximate Point Range	Letter Grade
90-100%	360-400	A
80-89%	320-359	B
70-79%	280-319	C
60-69%	240-279	D
Below 60%	0-239	F

Case Analyses (150): These assignments focus on case analysis and direct application of course concepts to the persons and situations presented in each case. These can be found in the required text 'Case Studies in Psychotherapy'. Each case will be unique and require you to critically analyze and apply concepts from the lecture and text, to thoroughly evaluate the presenting challenges. All analyses must take into account the legal and ethical considerations, as well as issues of culture and diversity that may pertain to the situations. *Outside research in culture is encouraged.* In addition, you will also be required to integrate knowledge from the 'Diagnostic and Statistical Manual, 5th Edition (Text Revision)(DSM-5-TR)' in your case presentation, learning how to recognize the presentation and classification of mental disorders.

Chapter Quizzes (75 points): Each chapter has a quiz consisting of 5 multiple-choice items based on the week's lecture/discussions, lecture videos, and text readings. Quizzes will be made available at the beginning of the week and will close at the end of the week. Refer to the assignment for that week in-case you are unsure of beginning and due dates for quizzes. Each quiz will have 2 attempts allowed; your highest score will be the one that is calculated into your final grade. You need to ensure that you complete the quizzes before their due date as they will NOT be reopened except for the most extreme of circumstances (this does not include vacation or forgetfulness).

Exams (175 points): You will only have 2 exams this semester, a midterm (75 pts.) and a final (100 pts.). The final exam will NOT be cumulative and only consist of course material after the midterm. These exams will NOT be proctored or timed. You will only have one attempt per exam, please make sure you are in a quiet and comfortable area before you begin. You need to ensure that you complete both of the exams before their due date as they will NOT be reopened except for the most extreme of circumstances (this does not include vacation or forgetfulness).

Course Schedule:

DATES (Week Start Date)	TOPIC	READING	ACTIVITY/ASSESSMENT/ ASSIGNMENT DUE
Week One: Abnormal Behavior			
8/26/2022	The Field of Abnormal Psychology, Views of Abnormality, Cultural and Sociopolitical Influences on Behavior, Historical Perspectives on Abnormal Behavior	Chapter One	Introductions, Case Study: Alma (pg. 215), Quiz 1

Week Two: Understanding and Treating Mental Disorders

9/02/2022	One-Dimensional Model of Mental Disorders, A Multipath model of Mental Disorders, Biological Factors, Psychological Factors, Social Factors, Social Cultural Factors, Trends and Future Directions	Chapter Two	Case Study: Martha (pg. 59), Quiz 2
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Week Three: Assessment and Classification of Mental Disorders

9/09/2022	Reliability and Validity, Assessment and Classification of Mental Disorders, Diagnosing Mental Disorders	Chapter Three	Case Study: Louisa (pg. 115), Quiz 3
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Week Four: Anxiety, Obsessive-Compulsive, and Related Disorders

9/16/2022	Anxiety disorders from a Multipath Perspective, Phobias, Panic Disorder, GAD, OCD	Chapter Five	Case Study: Racel (pg. 174), Quiz 5
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Week Five: Trauma- and Stressor-Related Disorders

9/23/2022	Trauma- and Stressor-Related Disorders, Psychological Factors affecting Medical Conditions	Chapter Six	Case Study: Simone (pg. 3), Quiz 6
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Week Six: Depressive and Bipolar Disorders

10/07/2022	Symptoms Associated with Depressive and Bipolar Disorders, Depressive Disorders, Bipolar Disorders	Chapter Eight	Case Study: X (pg. 139), Quiz 8
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Week Seven: Suicide

10/14/2022	Facts about Suicide, Effects of Suicide on Friends and Family, Suicide and Specific Populations, A Multipath Perspective of Suicide, Preventing Suicide, Moreal, Ethical, and Legal Issues Surrounding Suicide	Chapter Nine	Case Study: Jane Doe (pg. 88), Quiz 9
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Week Eight: Eating Disorders

10/21/2022	Eating Disorders, Etiology of Eating Disorders, Treatment of Eating Disorders, Obesity,	Chapter Ten	Case Study: Rachel (pg. 149), Quiz 10, Midterm (1-3, 5,6,8,9)
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Week Nine: Substance-Related and Other Addictive Disorders

10/38/2022	Substance-Related Disorders, Substances Associated with Abuse, Etiology of Substance-Use Disorder, Treatment for Substance-Use Disorders, Gambling Disorder and Other Addictions	Chapter Eleven	Case Study: Mr. F. H. (pg. 204), Quiz 11
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Week Ten: Schizophrenia Spectrum Disorders

11/04/2022	Symptoms of Schizophrenia Spectrum Disorder, Understanding Schizophrenia, Etiology of Schizophrenia, Treatment of Schizophrenia, Other Schizophrenia Spectrum Disorders	Chapter Twelve	Case Study: David (pg. 33), Quiz 12
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Week Eleven: Sexual Dysfunction, Gender Dysphoria, and Paraphilic Disorders			
11/11/2022	What is "Normal" Sexual Behavior?, Sexual Dysfunctions, Gender Dysphoria, Paraphilic Disorders, Rape	Chapter Fourteen	Case Study: Reverend X (pg. 79), Quiz 14
Week Twelve: Personality Psychopathology			
11/18/22	Personality Psychopathology, Personality Disorders, Antisocial Personality Disorder, Issues with Diagnosis, Assessment and Alternatives	Chapter Fifteen	Case Study: Miranda (pg. 180), Quiz 15
Week Thirteen: Fall Break – No Classes			
11/20-26/2022	Enjoy your break, get some rest, recharge for the end of the semester.	N/A	None
Week Fourteen: Disorders of Childhood and Adolescence			
12/02/2022	Internalizing Disorders among Youth, Externalizing Disorders among Youth, Neurodevelopmental Disorders	Chapter Sixteen	Case Study: (See Canvas), Quiz 16
Week Fifteen: Law and Ethics in Abnormal Psychology			
12/09/2022	Criminal Commitment, Civil Commitment, Rights of Mentall III, Ethical Guidelines for MHPs	Chapter Seventeen	Case Study: Carlos (pg. 103) Quiz 17
Week Sixteen: Final Exams			
12/11-16/2022	Take this time to study and prepare for the final.		Final Exam (10-12, 14,15,16,17)

Student Support

Good information and clear communication about your needs will help you be successful. Please let your instructor know about any specific challenges or technology limitations that might affect your participation in class. College of the Redwoods wants every student to be successful.

Admissions deadlines & enrollment policies

Fall 2022 Dates

- *Classes begin: 8/20/22*
- *Last day to add a class: 8/26/22*
- *Last day to drop without a W and receive a refund: 9/02/22*
- *Labor Day Holiday (all campuses closed): 09/05/22*
- *Census date: 9/06/22 or 20% into class duration*
- *Last day to petition to file P/NP option: 09/16/22*
- *Last day to petition to graduate or apply for certificate: 10/27/22*
- *Last day for student-initiated W (no refund): 10/28/22*
- *Last day for faculty-initiated W (no refund): 10/28/22*
- *Veteran's Day (all campuses closed): 11/11/22*
- *Fall Break (no classes): 11/21/22 – 11/25/22*
- *Thanksgiving Holiday (all campuses closed): 11/23/22 – 11/25/22*
- *Final examinations: 12/10/22 – 12/16/22*
- *Semester ends: 12/16/22*

- *Grades available for transcript release: approximately 01/06/23*

Academic dishonesty

In the academic community, the high value placed on truth implies a corresponding intolerance of scholastic dishonesty. In cases involving academic dishonesty, determination of the grade and of the student's status in the course is left primarily to the discretion of the faculty member. In such cases, where the instructor determines that a student has demonstrated academic dishonesty, the student may receive a failing grade for the assignment and/or exam and may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct ([AP 5500](#)) is available on the College of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the [College Catalog](#) and on the [College of the Redwoods website](#).

Disruptive behavior

Student behavior or speech that disrupts the instructional setting will not be tolerated. Disruptive conduct may include, but is not limited to: unwarranted interruptions; failure to adhere to instructor's directions; vulgar or obscene language; slurs or other forms of intimidation; and physically or verbally abusive behavior. In such cases where the instructor determines that a student has disrupted the educational process, a disruptive student may be temporarily removed from class. In addition, the student may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct ([AP 5500](#)) is available on the College of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the [College Catalog](#) and on the [College of the Redwoods website](#).

Inclusive Language in the Classroom

College of the Redwoods aspires to create a learning environment in which all people feel comfortable in contributing their perspectives to classroom discussions. It therefore encourages instructors and students to use language that is inclusive and respectful.

Setting Your Preferred Name in Canvas

Students have the ability to have an alternate first name and pronouns to appear in Canvas. Contact [Admissions & Records](#) to request a change to your preferred first name and pronoun. Your Preferred Name will only be listed in Canvas. This does not change your legal name in our records. See the [Student Information Update form](#).

Canvas Information

If using Canvas, include navigation instructions, tech support information, what Canvas is used for, and your expectation for how regularly students should check Canvas for your class.

Log into Canvas at <https://redwoods.instructure.com>

Password is your 8 digit birth date

For tech help, email its@redwoods.edu or call 707-476-4160

Canvas Help for students: <https://webapps.redwoods.edu/tutorial/>

Canvas online orientation workshop: [Canvas Student Orientation Course \(instructure.com\)](#)

Community College Student Health and Wellness

Resources, tools, and trainings regarding health, mental health, wellness, basic needs and more designed for California community college students, faculty and staff are available on the California Community Colleges [Health & Wellness website](#).

[Wellness Central](#) is a free online health and wellness resource that is available 24/7 in your space at your pace.

Students seeking to request a counseling appointment for academic advising or general counseling can email counseling@redwoods.edu.

Emergency procedures / Everbridge

College of the Redwoods has implemented an emergency alert system called Everbridge. In the event of an emergency on campus you will receive an alert through your personal email and/or phones. Registration is not necessary in order to receive emergency alerts. Check to make sure your contact information is up-to-date by logging into WebAdvisor <https://webadvisor.redwoods.edu> and selecting 'Students' then 'Academic Profile' then 'Current Information Update.'

Please contact Public Safety at 707-476-4112 or security@redwoods.edu if you have any questions. For more information see the [Redwoods Public Safety Page](#).

In an emergency that requires an evacuation of the building anywhere in the District:

- Be aware of all marked exits from your area and building
- Once outside, move to the nearest evacuation point outside your building
- Keep streets and walkways clear for emergency vehicles and personnel

Do not leave campus, unless it has been deemed safe by the campus authorities.

Del Norte Campus Emergency Procedures

Please review the [Crescent City campus emergency map](#) for campus evacuation sites, including the closest site to this classroom (posted by the exit of each room). For more information, see the [Redwoods Public Safety Page](#).

Eureka Campus Emergency Procedures

Please review the [campus emergency map](#) for evacuation sites, including the closest site to this classroom (posted by the exit of each room). For more information on Public Safety go to the [CR Police Department-Public Safety](#). It is the responsibility of College of the Redwoods to protect life and property from the effects of emergencies within its own jurisdiction.

In the event of an emergency:

1. Evaluate the impact the emergency has on your activity/operation and take appropriate action.
2. Dial 911, to notify local agency support such as law enforcement or fire services.
3. Notify Public Safety 707-476-4111 and inform them of the situation, with as much relevant information as possible.

4. Public Safety shall relay threat information, warnings, and alerts through the Everbridge emergency alert system, Public address system, and when possible, updates on the college website, to ensure the school community is notified.
5. Follow established procedures for the specific emergency as outlined in the College of the Redwoods Emergency Procedure Booklet, (evacuation to a safe zone, shelter in place, lockdown, assist others if possible, cooperate with First Responders, etc.).
6. If safe to do so, notify key administrators, departments, and personnel.
7. Do not leave campus, unless it is necessary to preserve life and/or has been deemed safe by the person in command.

Klamath Trinity Campus Emergency Procedures

Please review the responsibilities of, and procedures used by, the College of the Redwoods, Klamath-Trinity Instructional Site (KTIS) to communicate to faculty, staff, students and the general public during an emergency. It is the responsibility of College of the Redwoods, Klamath-Trinity Instructional Site (KTIS) to protect life and property from the effects of emergency situations within its own jurisdiction.

1. In the event of an emergency, communication shall be the responsibility of the district employees on scene.
 - a. Dial 911, to notify local agency support such as law enforcement or fire services.
 - b. If safe to do so, notify key administrators, departments, and personnel.
 - c. If safe to do so, personnel shall relay threat information, warnings, to ensure the school community is notified.
 - d. Contact 530-625-4821 to notify of situation.
 - e. Contact Hoopa Tribal Education Administration office 530-625-4413
 - f. Notify Public Safety 707-476-4111.
2. In the event of an emergency, the responsible district employee on scene will:
 - a. Follow established procedures for the specific emergency as outlined in the College of the Redwoods Emergency Procedure Booklet.
 - b. Lock all doors and turn off lights if in lockdown due to an active shooter or similar emergency.
 - c. Close all window curtains.
 - d. Get all inside to safe location Kitchen area is best internal location.
 - e. If a police officer or higher official arrives, they will assume command.
 - f. Wait until notice of all is clear before unlocking doors.
 - g. If safe to do so, move to the nearest evacuation point outside building (Pooky's Park), directly behind the Hoopa Tribal Education Building.
 - h. Do not leave site, unless it has been deemed safe by the person in command. Student Support Services (required for online classes)

Student Support Services

The following online resources are available to support your success as a student:

- [CR-Online](#) (Comprehensive information for online students)
- [Library Articles & Databases](#)
- [Canvas help and tutorials](#)
- [Online Student Handbook](#)

[Counseling](#) offers assistance to students in need of professional counseling services such as crisis counseling.

Learning Resource Center includes the following resources for students

- [Academic Support Center](#) for instructional support, tutoring, learning resources, and proctored exams. Includes the Math Lab & Drop-in Writing Center
- [Library Services](#) to promote information literacy and provide organized information resources.
- [Multicultural & Diversity Center](#)

Special programs are also available for eligible students include

- [Extended Opportunity Programs & Services \(EOPS\)](#) provides services to eligible income disadvantaged students including: textbook award, career academic and personal counseling, school supplies, transportation assistance, tutoring, laptop, calculator and textbook loans, priority registration, graduation cap and gown, workshops, and more!
- The TRiO Student Success Program provides eligible students with a variety of services including trips to 4-year universities, career assessments, and peer mentoring. Students can apply for the program in [Eureka](#) or in [Del Norte](#)
- The [Veteran's Resource Center](#) supports and facilitates academic success for Active Duty Military, Veterans and Dependents attending CR through relational advising, mentorship, transitional assistance, and coordination of military and Veteran-specific resources.
- Klamath-Trinity students can contact the CR KT Office for specific information about student support services at 530-625-4821